



100

S.Y.A

Final questionnaire

Please answer honestly.

1. Did you enjoy this course? yes

2. Why did you/didnt you enjoy the course?

I enjoyed the course
be cause I learnt life skills
I cant learn anywhere else

3. In what way has the course helped you?

I know what to do when
feeling stressed

4. Have you/will you do anything differently in life since
completing this course?

yes, eat better

5. What did you enjoy/find interesting the most?

learning about how much
sugar is in drinks

6. What did you NOT enjoy and why?

I loved everything

7. Who do you think should be taught S.Y.A in the future?

younger people

8. What would you say about S.Y.A to someone else?

it amazing and can
really change your life
around.

